

Mental Health Update

Kelly Webb, Health & Communities Manager

Mental Health Strategy

Our Mental Health Strategy was launched on 1 June as part of Mental Health Awareness Week. The strategy covers:-

Good Mental Health

What can be done to prevent mental ill health

SDCs commitment to improving mental health

Our partners

Cllr Fleming launched a video on You Tube on 1 June.

The strategy was put on all desks and sent to staff in that week and posted in member pigeon holes as well as e-mailed

On 21 June we did a special Mental Health Grapevine

Mental Health Strategy

- https://www.sevenoaks.gov.uk/info/20069138/health/510/mental_health_and_wellbeing
- <https://www.youtube.com/watch?v=XSGffCHkFmU>

Kent & Medway Healthy Workplace Awards programme



- Task & Finish Group set up incl Health & Communities Team, Human Resources & Communications in April 2021
- Met with the Kent & Medway Co-ordinator in May to go through our pledges. Can take organisations up to 18mths to complete
- Bronze - submitted June 2021 and passed July 2021
- Silver - submitting 1 September
- Gold - Submitting 1 September
- Platinum - Aiming for beginning of November 2021



Thank you